

SDSLHA Convention

Date of Course: Recorded: March-April

Length of session: 2 hours

Title: Understand ACEs: Building Self-Healing Communities

Learning Objectives:

1. Attendees will be able to describe how toxic stress damages the developing brain architecture, which can lead to life-long problems in learning, behavior, and physical and mental health.
2. Attendees will be able to discuss the evidence base behind ACEs through the landmark ACE study performed by the CDC Division of Violence Prevention, in partnership with Kaiser Permanente, in 1997.
3. Attendees will be able to list the three core protective systems that help children overcome ACEs
4. Attendees will be able to describe their role in creating self-healing for children and response techniques

Cassie Nagel, B.A., Specialized SD ACEs and Resiliency Presenter

Biography: As the Education and Public Awareness Specialist with Children's Home Society of SD (CHS) Prevention program, Cassie Nagel provides comprehensive trainings rooted in understanding trauma and recognizing and responding to child abuse. Cassie believes that all children are entitled to a happy and healthy childhood and every adult shares in the responsibilities for creating that reality. Cassie received her BA degree in Criminal Justice Studies from the University of South Dakota. In her role with CHS, Cassie trains everyone from parent to professionals in how they can play a part in protecting children and creating safe environments that promote resilience and healing.

Cassie Nagel reports no relevant financial or non-financial disclosures.